

# **EAST GREENWICH TOWNSHIP SCHOOLS**

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## **East Greenwich Township Schools Comprehensive School Guidance Curriculum**



## **Mission Statement**

Develop a K-6 comprehensive/developmental school counseling program that addresses the academic, career, and personal/social needs of the students we serve. The purpose of the comprehensive school counseling program is to provide all students with the skills needed for the ever-changing roles in society and the workplace. The comprehensive school-counseling program will be developed through collaboration with students, parents, faculty, administration and community members

## **Belief Statements for East Greenwich Schools Guidance and Counseling Program**

**We believe that the role of guidance and counseling at the K-6 level is:**

- To provide student assessment of strengths and needs.
- Helping students to make good choices.
- Prevention and Intervention.
- To identify and coordinate needed resources.
- To provide a referral service.
- Advocating services and liaison between school and community.
- Sometimes act as “case managers”.
- To provide staff and parent training and support.
- That counseling services should be integrated into everyday curriculum.
- To be role models.
- To advocate for staff, students, parents, and community.
- To teach developmentally appropriate communication skills.
- To teach character education which includes: self-management skills, problem solving, social skills, responsibility/accountability, and understanding of diversity and equity.
- That guidance and counseling needs to be an integral part of a student’s education and should involve family and community.
- To help students to feel empowered.
- “Collaborate” with staff, students, parents, community and extended community.
- To help all students be successful!

## **School Counselor's Role**

My role as the school counselor is to provide individual counseling, small group counseling, large group counseling, and consultation. Individual counseling allows you or your child the maximum amount of privacy. It is face to face, one on one counseling. A specific topic is discussed during these sessions. Sessions usually take place once a week but may also take place only as needed. Small group counseling usually consists of four to six members. Again, a specific topic is discussed. It may be problem-centered (anger management, conflict resolution) or need-centered (self-esteem, social skills). The benefit of a small group is that the children learn from each other. Small group usually runs once a week for eight to ten week periods. Several times a year large group counseling will also take place. These groups consist of classroom lessons. The benefit of classroom lessons is that you can reach the maximum amount of students in a small amount of time. Usually these lessons are co-taught with the classroom teachers so lessons can carry over into everyday classroom activities. Some examples of large group lessons would be conflict resolution, career awareness, or transitions to the Mickle school from Jeffery Clark or from the Mickle school to Kingsway. Consultation is a major role I have here at East Greenwich. I maintain open communication between teachers, the principal, the special area teachers, related service providers, parents, and community resource providers. Even if I never see your child for individual counseling or group counseling I will become familiar with your child through the consultation process.

# **National School Counseling Standards**

## **Personal/Social Standards**

- To understand and appreciate self and others
- To understand and appreciate home and family
- To develop a sense of community
- To develop communication skills
- To make decisions, set goals, and take action
- To understand safety and survival

## **Educational Standards**

- To understand the school environment
- To develop personal qualities which contribute to being an effective learner
- To employ strategies to achieve student success
- To understand the inter-relationship of life at school, at home, in the community, and in society

## **Career Standards**

- To understand how personal qualities, education and training and the world of work relate to career choice
- To demonstrate decision-making, goal-setting and action-oriented skills
- To explore careers and develop a positive attitude toward work
- To learn to work together
- To understand how community awareness relates to work

## **Benefits of an Effective School Counseling Program**

### **Students:**

- Guarantees services to all students
- Focuses on student needs
- Develops proactive skills for all students
- Provides age-appropriate levels of interaction and instruction
- Helps students become more resourceful in decision making

### **Parents:**

- Encourages involvement of parents in students learning environment
- Provides parents timely, appropriate support and resources when needed
- Increases opportunities for parent, student and counselor interaction
- Brings about better understanding of the guidance and counseling program

### **Teachers:**

- Promotes a team effort to address school counseling competencies
- Increases teacher accessibility to counselor as a multiple resource
- Integrates curricula and associated competencies
- Integrates interdisciplinary approach with all curricular areas

### **Administrators:**

- Creates a structured program with specific school counseling programs
- Facilitates team approach between administration and school counseling program
- Encourages better understanding of the role of counselors and the total guidance program

### **Local Boards of Education:**

- Provides a rationale for school counseling as a comprehensive program in the school system
- Serves as a source of data regarding competencies in school counseling
- Creates greater school-community interaction
- Promotes better understanding of the role of the guidance program and of counselors

### **Counseling Staff:**

- Provides a clearly defined set of functions
- Integrates the school counseling program with other school curricula and programs
- Articulates competencies students are expected to achieve as a result of participation in a comprehensive, developmental school counseling program.

## **Confidentiality and your School Counselor**

The professional responsibility of school counselors is to fully respect the right to privacy of those with whom they enter counseling relationships. Professional school counselors must keep abreast of and adhere to all laws, policies, and ethical standards pertaining to confidentiality. This confidentiality must not be abridged by the counselor except when there is clear and present danger to the student and/or other persons.

## EAST GREENWICH PUBLIC SCHOOL DISTRICT COMPREHENSIVE SCHOOL GUIDANCE PROGRAM

<p><b>Guidance Curriculum</b> Provides guidance content in a systematic way to all students K-6.</p>	<p><b>Individual Planning</b> Assists students in planning, monitoring, and managing their personal and career development.</p>	<p><b>Responsive Services</b> Addresses the immediate concerns of students</p>	<p><b>System Support</b> Includes program, staff, and school support activities and services</p>
<p><b>Purpose</b> Student awareness, skill development, and application of skills needed in everyday life.</p> <p><b>Areas and Activities Addressed</b></p> <ul style="list-style-type: none"> <li>❑ <b>Career Planning/ Exploration</b> -Career Awareness -Career Exploration</li> <li>❑ <b>Knowledge of Self and Others</b> -Self Concept -Conflict Resolution -Personal Responsibilities -Peer Relationships -Decision – Making Skills -Substance Abuse Prevention -Cross Cultural Understandings</li> <li>❑ <b>Educational &amp; Vocational Development</b> -Planning Programs of Study -Pre-Employment Skills -Job Preparation</li> </ul>	<p><b>Purpose</b> Student educational and occupational planning decision making, and goal setting.</p> <p><b>Topics Addressed</b></p> <ul style="list-style-type: none"> <li>❑ <b>Educational</b> -Organizational Skills -Study Skills -Transitioning: grade to Grade and School to School -Social Skills Training</li> <li>❑ <b>Career</b> -Knowledge of Careers -Opportunities -Career Awareness -Interest Inventories -Work Habits</li> <li>❑ <b>Personal – Social</b> -Setting personal goals -Self-improvement plan</li> </ul>	<p><b>Purpose</b> Prevention, Intervention</p> <p><b>Topics Addressed</b></p> <ul style="list-style-type: none"> <li>❑ <b>Academic Concerns</b></li> <li>❑ <b>School-related Concerns</b> -Tardiness -Absences and Truancy -Misbehavior -School Avoidance</li> <li>❑ <b>Relationship concerns</b></li> <li>❑ <b>Physical/Sexual/Emotional Abuse</b></li> <li>❑ <b>Grief/loss Death</b></li> <li>❑ <b>Substance Abuse</b></li> <li>❑ <b>Family issues</b></li> <li>❑ <b>Sexuality issues</b></li> <li>❑ <b>Coping with Stress</b></li> </ul>	<p><b>Purpose</b> Program Delivery and Support</p> <p><b>Processes/Procedures</b></p> <ul style="list-style-type: none"> <li>❑ <b>Guidance program development and management</b></li> <li>❑ <b>Parent Education</b></li> <li>❑ <b>Teacher/Administrator consultation</b></li> <li>❑ <b>Staff Development for Educators</b></li> <li>❑ <b>School Improvement Planning</b></li> <li>❑ <b>Counselor Professional Development</b></li> <li>❑ <b>Research and Publishing</b></li> <li>❑ <b>Community Outreach</b></li> <li>❑ <b>Public Relations</b></li> </ul>
<p><b>Counselor Role</b> Structured Groups Consultation Guidance Curriculum Implementation</p>	<p><b>Counselors Role</b> Assessment Planning Placement</p>	<p><b>Counselors Role</b> Individual/Small Group Crisis And Development Counseling Consultation Referral</p>	<p><b>Counselors Role</b> Program Management Consultation Coordination</p>

*East Greenwich Comprehensive School Counseling Program*

District Wide K-6 School Counseling Activities and Lessons Per Grade Level

Grade Level	Topics Addressed
Beginners	Identifying and expressing feelings, school rules, making and keeping friends, bullying prevention, career awareness, safety skills
First	Listening skills, making and keeping friends, bullying prevention, career awareness, safety skills
Second	Dealing with change, coping skills, making and keeping friends, good decision making skills, bullying prevention, career awareness, safety skills
Third	Bullying prevention, making and keeping friends, study skills, career awareness, safety skills
Fourth	Empathy training skills, making and keeping friends, conflict resolution, good decision making skills, bullying prevention, career awareness, safety skills
Fifth	Bullying prevention, leadership skills, conflict resolution, study and organizational skills, career awareness, safety skills
Sixth	Bullying prevention, conflict resolution skills, study and organizational skills, career awareness, decision making skills, empathy training, safety skills

*East Greenwich Comprehensive School Counseling Program*

District Wide K-6 School Counseling Activities, Events, and Lessons

<b>Dates/ Duration</b>	<b>Activity/Program</b>	<b>Grade Level(s)</b>	<b>Benchmark/ Goal</b>	<b>Evaluation</b>
Ongoing	Intervention & Referral Services	K-6	To assist students/parents/teachers in developing a plan with strategies to help a child be successful in school	Parent Survey Teacher Survey Increase standardized test scores
Ongoing	504 plan services	K-6	To assist students/parents/teachers in developing a plan with accommodations to help a child with a mental or physical disability be successful in school	Parent Survey Teacher Survey
Ongoing	Second Step Classroom Lessons	K-6	To prevent violence in the school environment by learning coping skills and conflict management	Parent Survey Teacher Survey And Decrease principal referrals

Ongoing	Character Education/Bully Prevention	K-6	Students will understand the role of the school counselor, the student's responsibility for seeking help, and how to ask for help. Students will learn coping strategies for dealing with personal, social, emotional, and academic issues related to success in school	Decreased behavior referrals
Ongoing	Character education assemblies Implementation of Character Education Program	K-6	To promote good character.	Teacher Survey
Ongoing	Child Abuse Prevention Program	K-6	To educate our teachers on the warning signs of child abuse and to give them the necessary resources to deal with the issue To educate our students on how to stay safe	
Ongoing	Inservices and Workshops	K-6	To educate our staff on various issues our students may be facing and give them useful interventions they can use in their classrooms	Teacher Survey
August/ September	Communication with parents and teachers, new student orientation	K-6	Parents/teachers will understand the role of the counselor	Parent Survey
September	Classroom Lessons	K-6	Students will understand the role of the school counselor and how to seek help	Teacher Survey
October	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
November	Dessert Theatre for parents	K-6	This parent workshop will help parent's learn how to help their child succeed in school	Parent Survey

November	Handle with Care Training	K-6	School personnel will be trained on how to safely manage a child that is in danger to themselves and/or others	Staff Survey
December	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
January	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
	D.A.R.E. Program	6	Students will be educated about the dangers of drug use	
February	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
March	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
April	Classroom Lessons	K-6	See grade level chart for grade level goals	Teacher Survey
May	ASK testing	3-6	To assist principal in test coordination	
	Career Day	K-6	Students will learn to match skills and personality traits with possible career choices. They will have the opportunity to learn about a variety of careers	Student Survey
	Beginner Orientation Night	K	Parent will meet the counselor and learn how to get their child ready socially and emotionally for school.	Parent Survey
June	Planning for upcoming school year	K-6	Evaluate current program and make necessary changes To ensure appropriate services are in place for students To assist the students in a smooth transition to the Middle School	
	Meet with Kingsway Middle School Counselors			